

NATIONAL HEALTH CALENDAR 2009

MARCH

Tuberculosis Awareness Month
Diarrhoeal Disease Focus Month
International Endometriosis Awareness Month
Intellectual Disability Awareness Month

02-08 National Water Week
6 World Glaucoma Day
8 International Women's Day
12 World Kidney Day
16-20 International Water Week
13-19 Brain Awareness Week
20 International Down's Syndrome Awareness Day
22 World Day for Water
23 World Meteorological Day
24 World Tuberculosis Day
24 Rheumatoid Arthritis Day
25-29 Sanitation Week

APRIL

Oesophagus Health Awareness Month

5-11 National Polio Eradication Awareness Week
7 World Health Day
17 World Haemophilia Day
20-24 Waste Awareness Week
23 World Book Day
25 World Malaria Day
28 World Day for Safety and Health at Work

MAY

Cystic Fibrosis Awareness Month
Candlelight Memorial Month

3-10 Hospice Palliative Care Week
5 International Midwives Day
5 World Asthma Day
6 International No-Diet Day
11 International Lupus Day
12 Nurses' Day
11-15 Occupational Therapy Week
15 International Family Day
17 International AIDS Candlelight Memorial Day
18-22 Biodiversity Week
26 Bipolar Awareness Day
27 International Day of Action for Women's Health
31 World NO-Tobacco Day

JUNE

Men's Health Awareness
Child Protection Month
National Blood Donor Month
Volunteers' Month

1 International Children's Day
1 National Paraffin Safety Day
1-7 Volunteer's Week
5 World Environment Day
13 World Heart Rhythm Awareness Day
14 World Blood Donor Day
15 World Elder Abuse Awareness Day
15-20 National Epilepsy Week
21 Get Tested Day
21 National Epilepsy Day
24 World Osteoarthritis Day
26 Int. Day Against Drug Abuse & Trafficking
22-28 Annual Substance Abuse Awareness Week

JULY

Men's Health Awareness Month
Psychiatric Disability Awareness Month
Mental Health Awareness Month

6-10 CORPORATE WELLNESS WEEK
10 Preventing Panic Day
11 World Population Day
24 National Schizophrenia Day
27 National Osteo-arthritis Day
27-31 World Sterilization Week

AUGUST

Organ Donor Month
Child Safety/Injury Prevention Month
Women's Health Month

1-7 Breast-feeding Week; Cancer Prevention Week
2-8 National Immunisation Awareness Week
3-7 Rheumatic Fever Week
9 NATIONAL WOMEN'S DAY
10-14 Health Promotion School's Week
11-15 National Electricity Safety Week
12 SA Rural Women's Day
15 National Cancer Survivors' Day
17-21 Climate change and Energy Week
20 Fibromyalgia Day
24-28 Cerebral Palsy Week

SEPTEMBER

Cervix Cancer Awareness Month
Muscular Dystrophy Awareness Month
Oral Health Month
School AIDS Month
National Heart Awareness Month

4 Casual Day (Physical Disability Awareness)
1-7 Int. Week for the Deaf / Arbor Week
1-6 International Pharmacy Week/ Kidney Awareness
8 International Physiotherapy Day
9 International Foetal Alcohol Syndrome Day
7-11 National Physiotherapy Back Week
14-18 Stroke Awareness Week
20 World Deaf Day
21 World Alzheimer's Day
21-19 Oct Eye Care Awareness Month
27 World Heart Day
28 Sept- 4 Oct - Week of the Elderly

OCTOBER

International Breast Health Awareness Month
Bone Awareness Month

1 International Day for the Elderly
4 Grandparents Day
8 World Sight Day
9-15 Anxiety disorders Awareness
9-15 National Nutrition Week
10 World Hospice and Palliative Care Day
10 World Mental Health Day
12 World Arthritis Day
12-16 Obesity Week
15 Global Handwashing Day
16 World Food Day
20 National Down Syndrome Awareness Day
20 World Osteoporosis Day
28 World Psoriasis Awareness Day

NOVEMBER

Sun Smart Awareness Month

1 Infection Prevention and Control (IPC) Day
9-13 CPR Week
9-14 National Diabetes Awareness Week
14 World Diabetes Day
18 World Chronic Obstructive Lung Disease Day
19 World Prevention of Child Abuse & Neglect
19 World Toilet Day
25 International Day for Elimination of Violence against Women
25-10 Dec 16 Days of Activism against Domestic Violence
26 Complementary Therapies Awareness Week

DECEMBER

SunSmart Awareness Month

1 World AIDS Day
3 International Day for Persons with Disabilities
3 National Organ Transplant Day
5 International Volunteers' Day

JANUARY 2009

SunSmart Awareness Month

4 World Braille Day
25 World Leprosy Day

FEBRUARY 2009

SunSmart Awareness Month
Diarrhoeal Disease Focus Month
Sexually Transmitted Infections Month

2 World Wetlands Day
4 World Cancer Day
9-15 Condom & Sexual Health Awareness Week
14-28 Pregnancy Education Week
17-24 Teen Suicide Prevention Week